

LIFE Group Session 7

# The Real McCoy in My Vocational Health

## CHECKING IN

- Which of the seven financial health principles from your devotional reading this past week was the most meaningful to you?
- If you could have any job in the world, what would it be and why?

## MEMORY VERSE

*“Whatever you do, work at it with all your heart, as working for the Lord, not for men”*  
(Colossians 3:23).

## VIDEO: THE REAL MCCOY IN MY VOCATIONAL HEALTH

Watch the LIFE Group Video for week 7 at [www.celebrate.church/mccoy](http://www.celebrate.church/mccoy) and follow along in your notes.

*“What profit is it to a man if he gains the whole world, and loses his own soul?”* (Matthew 16:26).

## SEVEN BIBLICAL ATTITUDES FOR A HEALTHY WORK LIFE

**1) Start working \_\_\_\_\_ wherever I am.**

*“Whatever you do, work at it with all your heart”* (Colossians 3:23).

**This job is a \_\_\_\_\_ from God.**

*“Whoever can be trusted with very little can also be trusted with much...If you have not been trustworthy with someone else’s property, who will give you property of your own?”* (Luke 16:10-12).

**God is \_\_\_\_\_.**

*“Work hard so that God can say to you, ‘Well done.’ Be a good workman, one that does not need to be ashamed when God examines your work”* (2 Timothy 2:15).

**My \_\_\_\_\_ determines my \_\_\_\_\_.**

*“The diligent find freedom in their work; the lazy are oppressed by work”* (Proverbs 12:24).

*“Never be lazy in your work, but serve the Lord enthusiastically”* (Romans 12:11).

**2) Understand who I'm really \_\_\_\_\_.**

*"Work hard and cheerfully at whatever you do, as though you are working for the Lord rather than for people. Remember that the Lord will give you an inheritance as your reward, and the Master you are serving is Christ" (Colossians 3:23-24).*

**3) Concentrate on building \_\_\_\_\_.**

**4) Care about the \_\_\_\_\_.**

*"Whatever you do, do it with kindness and love" (1 Corinthians 16:14).*

*"Don't be concerned only about your own interests, but also be concerned about the interests of others" (Philippians 2:4).*

*"Always be humble and gentle. Be patient with each other, making allowances for each other's faults because of your love" (Ephesians 4:2).*

**5) Exceed what is \_\_\_\_\_.**

*"Servants, do what you're told by your earthly masters. And don't just do the minimum that will get you by. Do your best" (Colossians 3:22).*

*"If anyone requires you to go one mile, go two miles with him" (Matthew 5:41).*

**6) Expand my skills with \_\_\_\_\_.**

*"If the ax is dull and its edge unsharpened, more strength is needed but skill will bring success" (Ecclesiastes 10:10).*

**7) Dedicate my work to be used for \_\_\_\_\_.**

*"Commit your work to the Lord and your plans will succeed" (Proverbs 16:3).*

*"We are Christ's ambassadors" (2 Corinthians 5:20).*

## DISCOVERY QUESTIONS

Pick at least one or two of the following questions to discuss:

- What does it look like for you to live for the glory of God in your workplace? What are some practical ways you can turn your work into an act of worship?
- Think of one person you know who could use some encouragement in their work this week. What can you do to help them?
- The Bible says, “*We are Christ’s ambassadors*” (2 Corinthians 5:20). What does an ambassador do? Whose interests does an ambassador represent? How can you be Christ’s ambassador in your workplace?
- How many of the things that are frustrating you at work right now would be no big deal if you chose to see God as your boss? What is one thing you think would change in your perspective and attitude towards your work?

## PUTTING IT INTO PRACTICE

- Where do you want to be three months from now with your vocational health?
- What is one thing you will do to take a step in that direction? Not one thing you could do, or might do, but one thing you will do. Review the video notes to help you with ideas. Share your goal with one other person in your group.

## MY THREE-MONTH GOALS

Write your vocational health goal here:

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## PRAYER DIRECTION

- Spend some time praying for each other’s workplaces and the roles each of you plays in that setting.
- Pray for one another that the commitments each of you made during this study will be fulfilled according to His purpose.

## DIVING DEEPER

- Read the daily devotions for days forty-three through forty-nine.
- Read the Memory Verse every day this week as part of your quiet time. See if you can have it memorized before your next group meeting. Here it is again:  
“*Whatever you do, work at it with all your heart, as working for the Lord, not for men*”  
(Colossians 3:23).

## LIFE Group Covenant

WE AGREE TO THE FOLLOWING VALUES:

### **Clear Purpose**

To grow healthy, spiritual lives by balancing the five biblical purposes in the LIFE Group.

### **Group Attendance**

To give priority to the group meeting (call if I am absent or late).

### **Safe Environment**

To create a safe place where people can be heard and feel loved, so we will be careful with being judgmental, giving quick answers, and offering our simple fixes to complex situations.

### **Be Confidential**

To keep anything that is shared strictly confidential and within the group.

### **Conflict Resolution**

To avoid gossip and to immediately resolve any concerns by following the principles of Matthew 18:15-17, which begins with going directly to the person with whom you have an issue.

### **Spiritual Health**

To challenge and encourage one another to live a healthy and balanced spiritual life that is pleasing to God.

### **Limit our Freedom**

To limit our freedom by not serving or consuming alcohol during Celebrate LIFE Group meetings or events so as to avoid causing a weaker believer to stumble. (1 Corinthians 8:1-13, Romans 14:19-21)

### **Welcome Newcomers**

To invite our friends who might benefit from this study and warmly welcome newcomers.

### **Building Relationships**

To get to know one another even outside the group time and pray for one another regularly.

### **Mission Motivated**

To work toward understanding how our group can effectively participate in Celebrate's mission opportunities.

### **Shared Responsibility**

To work with each other to share group leadership.

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