

## Instructions

# How to USE The Real McCoy LIFE Group Resources

### MY THREE-MONTH GOALS

Each week you will set a personal goal for the area of health you are studying with your group in the My Three-Month Goals section of your notes so you can have them for future reference.

### WEEKEND MESSAGE VIDEOS

These are listed on our website for re-watching the weekend message.

### LIFE GROUPS SESSIONS

*Checking In:* Open each meeting by briefly discussing a question or two that will help focus everyone's attention on the weekly subject.

*Memory Verse:* Each week you will find a key Bible verse for your group to memorize together. If someone in the group has a different translation, ask them to read it aloud so that the group can get a bigger picture of the meaning of the passage.

*Video Lesson:* There are two links provided for watching each week's video lesson. Hosts can play the video either in their web browser by clicking "Play Video," or on their computer's video software by clicking "Download Video." The "Play Video" starts a YouTube video that is accessible on computers, smartphones, tablets, and smart tvs that have internet access. The downloadable video file is ideal for groups that do not have internet access and their meeting site.

*Notes:* There are two links for LIFE Group notes. The first is a printable version specially formatted for home printers. The second is a fill-in-the-blanks version best suited for those who want to use a smartphone, tablet, or laptop for taking notes. Printed notes are also available at the LIFE Group table in the Welcome Center each weekend. Because the notes are intended to follow along with the video lesson, it is best to have a computer, smartphone, tablet, or smart tv dedicated to showing only the video while other devices are used to take notes.

*Discovery Questions:* Each video segment is complemented by several questions for group discussion. Please don't feel pressured to discuss every single question. There is no reason to rush through the answers. Give everyone ample opportunity to share their thoughts. If you don't get through all of the discussion questions, that's okay.

*Putting It Into Practice:* Each week you will be challenged to commit to one goal in each of the seven key areas of this study. Be sure to transfer these goals to the My Three-Month Goals page (located below the Welcome Letter from Pastor Keith in the directory of this study).

*Prayer Direction:* At the end of each session you will find suggestions for your group prayer time. Praying together is one of the greatest privileges of LIFE Group life. Please don't take it for granted.

*Diving Deeper:* This section includes suggestions for books, studies, and other resources for personal and group use.

## **DAILY DEVOTIONS**

On this webpage you will find a printable version of all 49 daily devotions. Use these for your daily quiet times throughout the week.

## **LIFE Group Resources**

There are additional LIFE Group Resources (such as Group Guidelines, Answer Key, and Next Steps) via links on [celebrate.church/mccoy](http://celebrate.church/mccoy).

## **A TIP FOR THE HOST**

The study guide material is meant to be your servant, not your master. The point is not to race through the sessions; the point is to take time to let God work in your lives. Nor is it necessary to “go around the circle” before you move on to the next question. Give people the freedom to speak, but don’t insist on it. Your group will enjoy deeper, more open sharing and discussion if people don’t feel pressured to speak up.