

Personal Spiritual Health Assessment

DOES NOT DESCRIBE ME PARTIALLY DESCRIBES ME GENERALLY DESCRIBES ME

Worship: You Were Planned for God's Pleasure

How I live my life shows that God is my highest priority	1	2	3	4	5
I am dependent on God for every aspect of my life.....	1	2	3	4	5
There is nothing in my life that I have not surrendered to (kept back from) God	1	2	3	4	5
I regularly meditate on God's Word and invite Him into my everyday activities	1	2	3	4	5
I have a deep desire to spend time in God's presence.....	1	2	3	4	5
I am the same person in public that I am in private.....	1	2	3	4	5
I have an overwhelming sense of God's awesomeness even when I do not feel His presence...	1	2	3	4	5

Worship Total _____

Fellowship: You Were Formed for God's Family

I am genuinely open and honest about who I am	1	2	3	4	5
I regularly use my time and resources to care for the needs of others	1	2	3	4	5
I have a deep and meaningful connection with others in the church.....	1	2	3	4	5
I have an easy time receiving advice, encouragement, and correction from others	1	2	3	4	5
I gather regularly with a group of Christians for fellowship and accountability	1	2	3	4	5
There is nothing in my relationships that is currently unresolved.....	1	2	3	4	5
There is nothing in the way I talk or act concerning others that I would not be willing to share with them in person	1	2	3	4	5

Fellowship Total _____

Discipleship: You Were Created to Become Like Christ

I am quick to confess anything in my character that does not look like Christ.....	1	2	3	4	5
A review of how I use my finances shows that I think more about God and others than I do about myself.....	1	2	3	4	5
I allow God's Word to guide my thoughts and change my actions.....	1	2	3	4	5
I am able to praise God during difficult times and see them as opportunities to grow.....	1	2	3	4	5
I find I am making better choices to do what is right when I am tempted to do wrong.....	1	2	3	4	5
I have found that prayer has changed how I view and interact with the world	1	2	3	4	5
I am consistent in pursuing habits that are helping me model my life after Jesus	1	2	3	4	5

Discipleship Total _____

Ministry: You Were Shaped for Serving God

I regularly use my time to serve God	1	2	3	4	5
I am currently serving God with the gifts and passions he has given me	1	2	3	4	5
I regularly reflect on how my life can have an impact for the Kingdom of God	1	2	3	4	5
I often think about ways to use my God-given gifts and abilities to please God	1	2	3	4	5
I enjoy meeting the needs of others without expecting anything in return	1	2	3	4	5
Those closest to me would say my life is a reflection of giving more than receiving	1	2	3	4	5
I see my painful experiences as opportunities to minister to others.....	1	2	3	4	5

Ministry Total _____

Evangelism: You Were Made for a Mission

I feel personal responsibility to share my faith with those who don't know Jesus.....	1	2	3	4	5
I look for opportunities to build relationships with those who don't know Jesus	1	2	3	4	5
I regularly pray for those who don't know Christ	1	2	3	4	5
I am confident in my ability to share my faith	1	2	3	4	5
My heart is full of passion to share the good news of the gospel with those who have never heard it..	1	2	3	4	5
I find that my relationship with Jesus comes up frequently in my conversations with those who don't know him	1	2	3	4	5
I am open to going anywhere God calls me in whatever capacity to share my faith.....	1	2	3	4	5

Evangelism Total _____

Friend Feedback Assessment

DOES NOT
DESCRIBE PARTIALLY
DESCRIBES GENERALLY
DESCRIBES

Worship: You Were Planned for God's Pleasure

It is apparent by the way this person lives his/her life that God is his/her highest priority	1	2	3	4	5
This person is dependent on God for every aspect of his/her life.....	1	2	3	4	5
There is nothing in this person's life that he/she has not surrendered to (kept back from) God.....	1	2	3	4	5
This person regularly meditates on God's Word and invites Him into his/her everyday activities	1	2	3	4	5
This person has a deep desire to spend time in God's presence.....	1	2	3	4	5
This person is the same person in public that he/she is in private	1	2	3	4	5
This person has an overwhelming sense of God's awesomeness even when he/she does not feel His presence... ..	1	2	3	4	5

Worship Total _____

Fellowship: You Were Formed for God's Family

It is apparent that this person is genuinely open and honest with others about who he/she is.....	1	2	3	4	5
This person regularly uses his/her time and resources to care for the needs of others.....	1	2	3	4	5
This person has a deep and meaningful connection with others in the church	1	2	3	4	5
This person has an easy time allowing someone that they know to speak truth about them	1	2	3	4	5
This person gathers regularly with a group of Christians for fellowship and accountability	1	2	3	4	5
There is nothing in this person's relationships that is unresolved.....	1	2	3	4	5
There is nothing in the way this person talks or acts concerning others that they would not be willing to share with them in person	1	2	3	4	5

Fellowship Total _____

Discipleship: You Were Created to Become Like Christ

This person is quick to confess anything in his/her character that does not look like Christ	1	2	3	4	5
A review of how this person uses their finances shows that he/she thinks more about God and others than he/she does about himself/herself	1	2	3	4	5
This person allows God's Word to guide his/her thoughts and change his/her actions.....	1	2	3	4	5
This person is able to praise God during difficult times and see them as opportunities to grow.....	1	2	3	4	5
This person finds he/she is making better choices to do what is right when tempted to do wrong.....	1	2	3	4	5
This person has found that prayer has changed how he/she views and interact with the world	1	2	3	4	5
This person is consistent in pursuing habits that are helping them model his/her life after Jesus	1	2	3	4	5

Discipleship Total _____

Ministry: You Were Shaped for Serving God

It is apparent that this person regularly use his/her time to serve God	1	2	3	4	5
This person is currently serving God with the gifts and passions He has given them.....	1	2	3	4	5
This person regularly reflects on how his/her life can have an impact for the Kingdom of God	1	2	3	4	5
This person often thinks about ways to use his/her God-given gifts and abilities to please God.....	1	2	3	4	5
This person enjoys meeting the needs of others without expecting anything in return	1	2	3	4	5
Those closest to this person would say his/her life is a reflection of giving more than receiving	1	2	3	4	5
This person is able to see his/her painful experiences as opportunities to minister to others	1	2	3	4	5

Ministry Total _____

Evangelism: You Were Made for a Mission

It is apparent that this person feels personal responsibility to share his/her faith with those who don't know Jesus.....	1	2	3	4	5
This person looks for opportunities to build relationships with those who don't know Jesus	1	2	3	4	5
This person regularly prays for those who don't know Christ	1	2	3	4	5
This person is confident in their ability to share his/her faith	1	2	3	4	5
This person finds that their relationship with Jesus comes up frequently in his/her conversations with those who don't know him	1	2	3	4	5
This person's heart is full of passion to share the good news of the gospel with those who have never heard it.....	1	2	3	4	5
This person is open to going anywhere God calls them, in whatever capacity, to share his/her faith....	1	2	3	4	5

Evangelism Total _____

Spiritual Health Plan

This is a Spiritual Health Plan for _____ (your name) _____

I will share my plan with _____ who will be my Spiritual Partner to help me balance the five Biblical purposes in my life.

PURPOSES	PRACTICES	PARTNERSHIP	PROGRESS
<i>What purposes are out of balance?</i>	<i>What do I need to do?</i>	<i>How will my spiritual partner help me in this purpose?</i>	<i>What progress have I made?</i>
<p>Worship</p> <p>How I scored myself _____</p> <p>How my friend scored me _____</p>			
<p>Fellowship</p> <p>How I scored myself _____</p> <p>How my friend scored me _____</p>			
<p>Discipleship</p> <p>How I scored myself _____</p> <p>How my friend scored me _____</p>			
<p>Ministry</p> <p>How I scored myself _____</p> <p>How my friend scored me _____</p>			
<p>Evangelism</p> <p>How I scored myself _____</p> <p>How my friend scored me _____</p>			